GAP Year Fall 2020 Course Offerings

Welland Campus

Course Code: HIST1110
Course Name: Modern History
Delivery: Online
Course Description: Explore the making of the modern world as we uncover the major developments, events, ideas and individuals of the years 1900-50. Two world wars; an unprecedented economic depression; the rise of totalitarian regimes, mass society and feminist movements; the dismantling of old European empires and the struggles of colonies to secure national independence; and revolutions in science, art and popular culture all combined to transform the world in this period - a world that, by 1950, stood on the brink of nuclear war.

Course Code: PHIL1152
Course Name: Critical Thinking
Delivery: In-Class
Course Description: What makes some people more effective thinkers and problem solvers than others? Are there ways that one can improve her thinking to become a more efficient thinker and problem solver? Using popular culture and everyday personal experience as a basis for study, this course is designed to introduce the skills and attitudes that define critical thinking. The intent is that together we will apply them in meaningful ways to various aspects of our lives.

Course Code: PSYC1200
Course Name: Psychology II
Delivery: Online
Course Description: Psychology is the scientific study of behaviour and mental processes. In this course, you will be introduced to the field of psychology, studying topics including: the development of language and intelligence, emotion and motivation, development across the lifespan, health and stress, and abnormal psychology. Students will explore what psychologists have learned about these aspects of human behaviour and how a knowledge of these can contribute to a better understanding of the causes of human behaviour.

Course Code: PSYC1400
Course Name: Social Psychology
Delivery: In-Class
Course Description: What are the causes of terrorism? Why are some attracted to cults? Is advertising persuasive and, if so, why? Why do riots occur? What causes us to be cruel or kind to others? What are the sources of bigotry? How do we choose our friends? What causes us to be attracted to the romantic partners that we choose? The principles of social psychology are all around us. By taking this course, you will learn the answers to all of the above questions and gain a greater understanding of the world around you.

Course Code: SOCL1113
Course Name: The 'Social Side' of Homicide
Delivery: In-Class

Course Description: Can sociological explanations help us better explain the actions behind a serial killer or mass murderer? In this course, you will analyze homicide from a sociological perspective. Topics will include homicide typologies, legal definitions, statistical data and patterns, and of course theories. Attempts at understanding killers have traditionally come from biology and psychology and through these theories help us understand the killer, they do little to explain the social forces behind unsanctioned killing. Associating a killer's motive with social variables such as isolation or status will provide you with a different perspective when investigating this fascinating but gruesome reality.

Course Code: ARTS1106
Course Name: Canada Through Film
Delivery: Online
Course Description: Canada holds a long tradition of storytelling, a tradition that offers us an opportunity to better understand who we are as a people and as a country. Through the medium of Canadian films, you will learn how our filmmakers/storytellers have expressed a sense of who we are, where we have been and where we might be going.

Course Code: ARTS1124
Course Name: History of Art
Delivery: In-Class
Course Description: This course is designed to familiarize you with the major artistic developments in Western Civilization from Prehistoric times to the end of the Renaissance. You will examine major developments in Western society and the art produced to fully understand how political, economic, social, and religious developments affect the production of art. A historical perspective will be employed to enable you to visualize the accomplishments within each major movement in order to more fully understand the overall development of the Western artistic heritage. You will ultimately view art with a new appreciation.

Course Code: COMM1088
Course Name: I-Think: The Science of Thinking and Problem Solving
Delivery: Online
Course Description: In this course you will study the science of problem solving and effective thinking. You will benefit from learning strategies and concepts that will help you become more effective in all aspects of your life. Special emphasis will be placed on problem solving strategies and developing techniques for exercising the mind. You will also explore problem solving methods, creative thinking, lateral thinking, and other non-linear thinking approaches. Additional learning will focus on thinking effectively about media, developing thinking tools for personal success, becoming a socially adept thinker, understanding perception problems and traps, and improving your overall thinking fitness.

Course Code: PSYC1126
Course Name: Human Sexuality
Delivery: In-Class
Course Description: You will be provided with an overview of the historical, theoretical, cross-cultural and life-cycle perspective of sexual attitudes, behaviours, development, and experiences. You will explore selected topics including gender relations, body image, sexual diversity, arousal and response, mating, dating, and interpersonal attraction. You will evaluate interpersonal communication skills, sex education, sexual health or risk, and issues of power and intimacy.

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Course Code: HIST1398
Course Name: Comparative World Religions
Delivery: In-Class
Course Description: This course introduces students to major world religions. Examining aspects of the religions' history, literature, world views and ritual, students will be introduced to these religions as both history and lived traditions. Major faith systems will include Hinduism, Buddhism, Taoism and Confucianism, Shinto, and the Abrahamic faiths. The global influence and interaction of religions and religious communities will be investigated through the past and the present trends. Students will explore how these world views currently inform communities around the world, and potential issues for the 21st century.

Course Code: NUTN1189
Course Name: Nutrition: Making Better Choices
Delivery: In-Class
Course Description: Do you wonder why some people rarely get sick, have an abundance of energy, and have a healthy weight while others continuously struggle? In this course you will explore basic principles of nutrition and healthy eating habits. You will evaluate sound nutrition practices to improve health and well-being and analyze your own dietary habits while making changes and recommendations to reach your personal health goals.

Course Code: PSYC1117
Course Name: Forensic Psychology
Delivery: In-Class
Course Description: Forensic psychology is the application of psychological knowledge to the legal system. You will learn about the work that forensic psychologists do; the selection, training, and

evaluation of police officers; how confessions are elicited; criminal profiling; deception detection; the reliability of eyewitness testimony; how jurors are selected and juries make decisions; the determination of insanity in the criminal justice system; and issues surrounding sentencing and parole, psychopathy, domestic violence, sexual assault, and the sexual abuse of children.

Course Code: SCIE1110
Course Name: Science of Superpowers
Delivery: Online
Course Description: Discover what might lie beyond the peak of human abilities. If you were capable of super-human strength or speed, how might this impact your daily life? In this course, we will study the real science behind a small sample of fictional superpowers. You will explore and evaluate cutting-edge scientific research in fields such as physical augmentation, neuroscience, and tissue regeneration. As a closing activity, you will design a hypothetical product to grant someone a superpower, and you will address any limitations and complications that might arise from the use of your creation.

Course Code: HIST1142
Course Name: History of the Cold War
Delivery: Online
Course Description: The Cold War provided the geopolitical background for much of the 20th century, with an influence far beyond politics and arms races. In this course, the emphasis will be placed on the social and cultural impact of this clash between capitalism and communism. We will explore the ways that everyday people on both sides of the conflict, and those caught in-between, experienced the Cold War with consideration of consumerism, suburbanization, popular culture, espionage, McCarthyism, civil rights and much more.

Course Code: HIST1310
Course Name: A History of Organized Crime
Delivery: Hybrid
Course Description: This course examines the development of the global nature of criminal organizations through the 20th century. Tracing the growth of late 19th century mafia in Europe and North America to their corporate involvement of the 20th century will be compared to the rise of organizations in Eastern Europe after the fall of the USSR. The creation of the global reach of Asian, African and Middle Eastern crime syndicates and gangs will form the discussion of the late 20th century, leading to the more recent use of cyber networks to coordinate and increase economic and political power of these groups.

Course Code: SCIE1108
Course Name: Invisible Influences - Understanding the Science behind our Physical World
Delivery: Online
Course Description: The universe is a perplexing place with endless physical, chemical and biological phenomena converging to impact our daily lives. This course will give you the opportunity to explore the science behind complex modern issues, such as Global Warming and Global Health. You will gain an appreciation for the ways in which scientific developments have influenced modern societies and reflect on how scientific principles and innovations affect you personally. Together we will analyze scientific

ideas presented in popular media, breakdown scientific jargon, and gain a new perspective on invisible influences that surround you?

Course Code: PHIL1101
Course Name: Introduction to Philosophy
Delivery: In-Class
Course Description: The origins and development of western philosophy are explored through lectures, readings, discussion and debate. From the beginnings in ancient Greece, through the middle ages and into modernity, you will be presented with accounts of knowledge and nature of reality by thinkers such as Socrates, Plato, Descartes and Hume. You will apply critical methods of thinking and ask: What is universally true? What is belief? What must I doubt? How can I justify knowledge? Tracing the philosophical quest for Truth, you will develop an analysis of how the traditions of idealism, rationalism and empiricism form our notion of Truth.

Course Code: PSYC1100
Course Name: Introductory Psychology
Delivery: In-Class
Course Description: Psychology is the scientific study of behaviour and mental processes. In this course, you will be introduced to the field of psychology, studying topics including: the nature of psychological science; research design and methodology; the biological foundations of behaviour; perception; states of consciousness; learning; memory; cognition; language; and motivation. Students will explore what psychologists have learned about these aspects of human behaviour and how a knowledge of these can contribute to a better understanding of the causes of human behaviour.

Course Code: PSYC1323
Course Name: Developmental Psychology
Delivery: In-Class
Course Description: This course offers you a survey of the literature on human development, covering topics across the human lifespan, from conception to death. Through readings and lecture material, you will examine theories of child development and the research that bears on these theories. You will also explore development across the physical, social, emotional, and cognitive domains. Finally, you will address basic themes in the study of developmental psychology, including: the nature-nurture issue; the special role of early experience; and continuity - discontinuity in developmental change.

Course Code: SOCL1100
Course Name: Introduction to Sociology I
Delivery: In-Class
Course Description: Sociology is a discipline that does not rely on opinions, beliefs and taken for granted assumptions about the way things "should be". Rather, it is a practice that critically questions, scientifically investigates and analyzes how concepts, such as race, class, and gender, are constructed through cultural and socialization processes. This course introduces you to the sociological perspective and provides you with the tools that you will need to examine how broad trends and patterns in society affect the interactions of individuals and groups and how those connections impact the ever-changing world in which we live.

Course Code: HIST1127
Course Name: History of Rock and Roll
Delivery: TBD
Course Description: Rock and Roll is arguably America's most influential contribution to global culture. This course explores the history of Rock and Roll, focusing on three main themes. First, the music itself, from its roots in blues and jazz in the early 1900s to its 'birth' in the years after World War II, and subsequent evolution over the next 50 years. Second, as an industry, in which the production, delivery and consumption of Rock and roll are always changing. Third, as a social, cultural and political force, Rock and Roll challenged (and continues to challenge) attitudes on race, class, gender and authority.

Course Code: NUTN1189
Course Name: Nutrition: Making Better Choices
Delivery: TBD
Course Description: Do you wonder why some people rarely get sick, have an abundance of energy, and have a healthy weight while others continuously struggle? In this course you will explore basic principles of nutrition and healthy eating habits. You will evaluate sound nutrition practices to improve health and well-being and analyze your own dietary habits while making changes and recommendations to reach your personal health goals.

Course Code: PSYC1113
Course Name: Fundamentals of Psychology
Delivery: TBD
Course Description: The psychologist, George Kelly argued that we are all "armchair psychologists", striving to understand our own and others' behavior. In this course, students will examine the foundations of what psychologists have learned about human nature in over a century of research. This course will cover all areas of modern psychology: from the brain & central nervous system, to the social foundations of behavior. By the end of the course, you will: understand important concepts, theoretical perspectives, research methods & findings in psychology; and you will become a knowledgeable consumer of psychological research and be able to think critically about psychology.

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Course Code: PSYC1310
Course Name: Abnormal Psychology
Delivery:
Course Description: Abnormal psychology is the branch of psychology that addresses the description, causes, treatment, and prevention of psychological disorders. You will address the problem of defining abnormal behaviour; the range of perspectives (biological, psychological, and sociocultural) that psychologists take to understand abnormal behaviour; classification systems used in diagnosing abnormal behaviour; a variety of the most common psychological disorders; and a survey of methods and programs designed to treat and prevent psychological disorders. You will acquire the tools to understand the key issues and keep up-to-date with a field that is constantly changing.

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Course Code: SOCL1430

Course Name: Diversity and Inclusion in Canada

Delivery:

Course Description: Are you prepared to live and work in Canada's diverse and globally-connected society and workforce? This course will provide students with a toolbox to develop cultural competencies and inclusive practices so they can recognize, value and fully leverage diversity by being welcoming, fair, equitable and respectful. Through experiential and active learning, students will explore topics that may include Indigenous ways of knowing, ally-ship, culture, language, race, ethnicity, immigration , religion, gender identity and expression, sexual orientation, age, ability, family structures and socio-economic status. Students will engage in reflective practice and develop strategies to create socially inclusive and equitable communities.